

Essential Oil Saturday December 8th Holiday Event!

Holiday Essential Oil Make & Take Open House

12 pm - 4 pm

Featuring doTerra Essential Oils

Perfect stocking stuffers! Make your own essential oil based bath salts, scrubs, aroma bracelets and more!

Cash & Carry
All Items are \$10
& under!

Peace, Joy & Oils Wellbeing Workshop

5 pm - 7 pm; \$25 entry

Featuring health and wellness coach, *Rachelle Cleary*

Give yourself the gift of self care with this wellbeing workshop! Experience an evening of reflection, journaling, restorative yoga postures.

Register by
December 5th in
studio or online!

Includes a journal & DIY aromatherapy spray!

Our Community is Just off the Latson Rd Exit

Signature heated
wood floors



twisted tree

Y O G A R O O M

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